Redefining the Role of Primary Care: The Primary Connection



Thomas J Foels, MD MMM Chief Medical Officer November 14, 2012

•Regional not-for profit health plan upstate NY

•370,000 members 172,000 Commercial 72,000 Medicare Advantage 51,000 Medicaid 74,000 Self-funded



•Open network Primary (1,200) and Specialty Care (2,500)

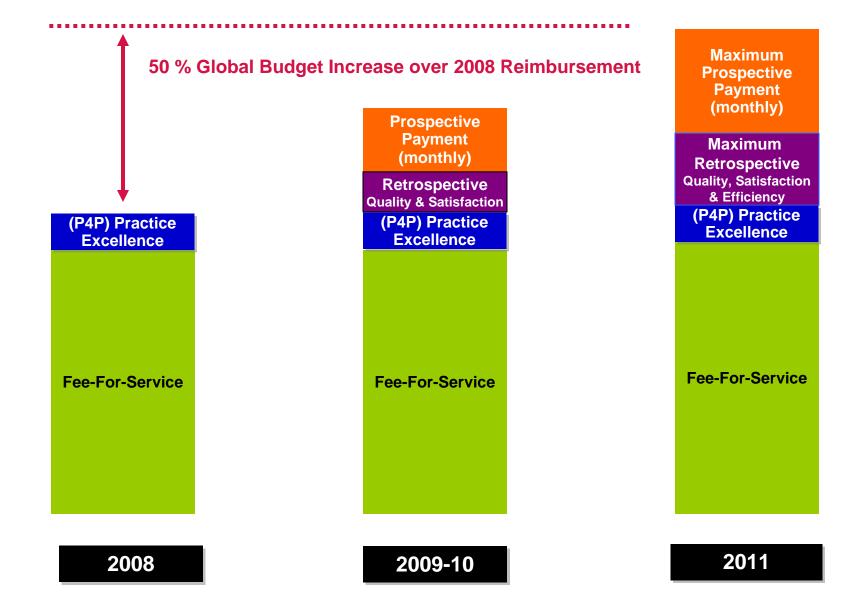


Primary Care Physicians & Independent Health

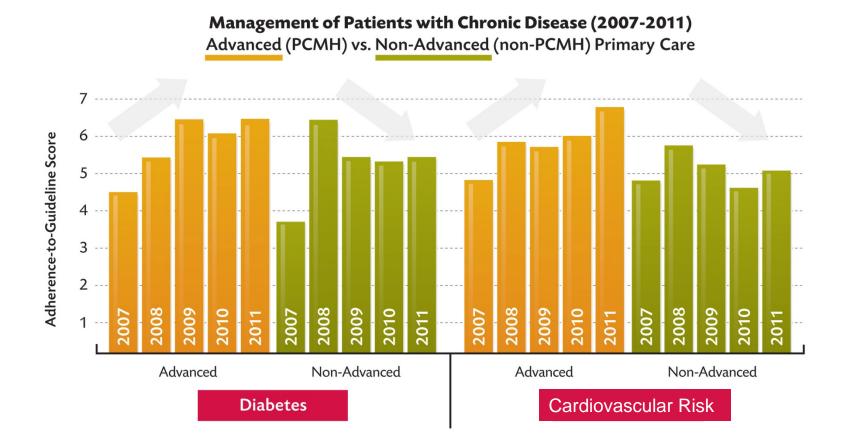
- Long history of collaboration with physician community •
- Unwavering in goals to improve quality, affordability and • experience of care



PCMH Reimbursement Evolution: 2008-2011



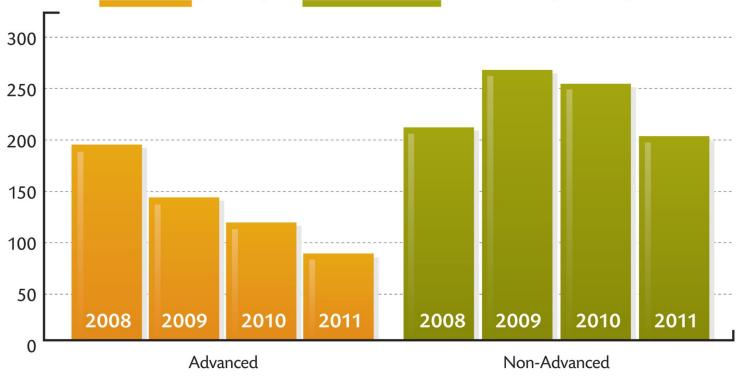
PCMH Results: 2008-2011





PCMH Results: 2008-2011

ER Utilization (2008-2011) Advanced (PCMH) vs. Non-Advanced (non-PCMH) Primary Care





PCMH evolves to *Primary Connections 2012* Reimbursement Goals

Achieve Triple Aim

Move Beyond Fee for Service for PCP

Transition from "pay-for-volume" to "pay-for-value"

- ✓ Support team based care
- Support alternative care pathways
 (Telephonic Visits, E-visits, Nurse Visits)
- ✓ Provide compensation for Care Management

Influence and Transform Specialty and Hospital Care

Provide opportunities for shared savings and incentives for global delivery system re-design and efficiencies



PCMH evolves to *Primary Connections 2012* Reimbursement Goals

Enable and Incentivize Practices to Expand Capacity Expand patient access and availability (2014 Exchange)

Foster Inter-Dependencies Among PCP Practices

(Provide a sustainable model for shared resources: MTM pharmacists, care coordinators, dieticians, co-located behavioral health, etc.)

Potential Savings Opportunity:

Commercial (11%) Medicare (17%)



PCMH evolves to *Primary Connections 2012* Operational Goals

- Administrative simplicity
- Transparency
- Provide extensive and timely analytics to support performance improvement
- Support sufficient cash flow in transition from FFS via monthly patient management payments

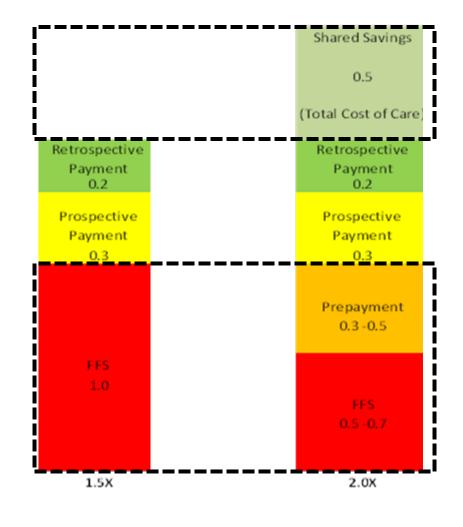


PCMH evolves to *Primary Connections 2012* Reimbursement Model

- Provides up to 2x traditional compensation
- No downside risk
- Pay for value, not volume
- Focus on quality *and* efficiency
- Rewards the right activities and results
- Fully vetted by the PCP Physician Advisory Board

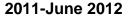


Primary Connections Reimbursement: 2011-2014



New incremental opportunity for Shared Savings

Transitioned FFS into pre-paid care mgt payment



June 2012 - 2014



Primary Connections: alliance among independent PCP practices influences specialty and hospital based care



Primary Connections: supportive resources provided by Independent Health

Leadership & Staff Development Services

Streamline

Administrative Costs

EMR Support

Independent

lealth

Services Leadership Institute Staff Education

> Primary Care Practice

Primary Connections: Early indicators of success

- PCP led collaborative meetings with cardiology, gastroenterology, radiology:
 - Enhanced communication patterns
 - Moving from "proceduralists" to "consultants"
 - Establishing virtual consultations
 - Direct access to Specialty by phone
- Programs created for dedicated geriatric center and dedicated hospitalists
 evolving
- Enhanced patient engagement
- Hospitals reposition themselves for value
- Urgent Care partner identified:
 - Restructuring to position itself as "extended primary care"
 - Creating common clinical treatment algorithms

