

NYS YMCA Diabetes Prevention Program (NYS Y-DPP)
YMCA Program Sites and Contact Information

Main Branch: YMCA of Greater New York	
NYS YMCA DPP Site(s):	Contact:
West Side YMCA 5 West 63rd Street, 6th Floor New York, NY 10023 (For more information on starting a Y-DPP in the New York City area)	Judy Ouziel Senior Executive Director, Strategic Initiatives 212-912-2524 jouziel@ymcanyc.org
Bedford-Stuyvesant YMCA 1121 Bedford Avenue (at Monroe Street) Brooklyn, NY 11216	Caitlin Dee Y Diabetes Prevention Program Coordinator Bedford-Stuyvesant YMCA 1121 Bedford Avenue Brooklyn, NY 11216 718-789-1497 or 212-912-2287

Main Branch: YMCA of Middletown	
NYS YMCA DPP Site(s):	Contact:
Middletown YMCA 81 Highland Ave Middletown, NY 10940	YMCA of Middletown 81 Highland Avenue Middletown, NY 10940 845-956-1498 Contact: Debbie

Main Branch: YMCA of Long Island	
NYS YMCA DPP Site(s):	Contact:
Huntington YMCA 60 Main Street Huntington, NY 11743	Huntington YMCA A branch of the YMCA of Long Island, Inc. 60 Main Street Huntington, NY 11743 631-421 4242 ext. 133 tinag@ymcali.org

Main Branch: YMCA Buffalo-Niagara	
NYS YMCA DPP Site(s):	Contact:
Delaware Family YMCA 2564 Delaware Avenue Buffalo, NY 14216	YMCA Buffalo Niagara Diabetes Prevention Program 301 Cayuga Road, Suite 100 Buffalo, NY 14225 716-276-5985 [p], 716-565-6007 [f] wellness@ymcabuffaloniagara.org
Southtowns Family YMCA 1620 Southwestern Boulevard West Seneca, NY 14224	

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Main Branch: Greater Syracuse YMCA	
NYS YMCA DPP Site(s):	Contact:
Downtown Syracuse YMCA 340 Montgomery Street Syracuse, NY 13202	Barbara Moul Intake Coordinator YMCA of Greater Syracuse 340 Montgomery St. Syracuse, NY 13202 315-474-6851 ext. 339 bmoul@syracuseymca.org
East Area Family YMCA 200 Towne Drive Fayetteville, NY 13066	
North Area YMCA 4775 Wetzel Road Liverpool, NY 13090	

Main Branch: YMCA of Broome County	
NYS YMCA DPP Site(s):	Contact:
Binghamton YMCA 61 Susquehanna St. Binghamton, NY 13901	Cathy Lipski Assistant Director of Wellness YMCA of Broome County 607-770-9622 ext. 120 clipski@bcymca.com
West Family YMCA 740 Main St. Johnson City, NY 13790	

Main Branch: YMCA of Greater Rochester	
NYS YMCA DPP Site(s):	Contact:
Southwest Family YMCA 597 Thurston Road Rochester, NY 14619	YMCA of Greater Rochester 585-546-5500 YMCA.diabetes@rochesterymca.org

Main Branch: Watertown Family YMCA	
NYS YMCA DPP Site(s):	Contact:
Downtown YMCA 119 Washington Street Watertown, NY 13601	Watertown Family YMCA 119 Washington Street Watertown, NY 13601 315-782-3100

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Main Branch: Capital District YMCA	
NYS YMCA DPP Site(s):	Contact:
Schenectady YMCA at City Center 433 State Street Schenectady, NY 12305	Schenectady YMCA 433 State Street Schenectady, NY 12305 518- 881-0117 Ashley Jurica Membership Director Direct Line 869-3500 EXT 4410 ajurica@cdymca.org

Main Branch: Plattsburgh YMCA	
NYS YMCA DPP Site(s):	Contact:
Plattsburgh Branch YMCA 17 Oak Street Plattsburgh, NY 12901	Plattsburgh YMCA 17 Oak Street Plattsburgh, NY 12901 (518) 561-4290 diabetes@plattsburghymca.com
Malone Branch YMCA 326 West Main Street Malone, NY 12953	Greater Malone YMCA 326 West Main Street Malone, NY 12953 (518) 483- 2354 diabetes@plattsburghymca.com