

# KEY FACTS:

## Integrating Services for Persons with Co-occurring Mental Health and Substance Use Disorders

### The Need for Reform

**1.4 million New Yorkers suffer from co-occurring mental health and substance use disorders. The time to improve care for these individuals is now.**

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| ➤ Only 10% of New Yorkers with co-occurring disorders receive evidence-based treatment for both conditions.  | ➤ 50% of New Yorkers suffering from co-occurring mental health and substance use disorders receive <b>no care</b> .  |
| ➤ 70–80% of New York State Medicaid costs are associated with “high-need” patients—those suffering from chronic health conditions, including physical, mental, and substance use conditions. | ➤ When left untreated, individuals with co-occurring disorders are at higher risk for serious medical problems, homelessness, violence, social isolation, suicide, incarceration, juvenile delinquency, and early death. |
| ➤ Hospitalized persons with mental illness and substance use disorders are five times more likely to be re-hospitalized compared to those without substance use disorders.                   | ➤ Co-occurring mental health and substance use disorders account for more than \$100 billion of lost productivity each year.   |

### The System of Care

**The mental health and substance use systems of care have operated in silos for decades, with financial barriers and perceived regulatory barriers restricting integration of services.**

- The New York State Office of Mental Health oversees 526 licensed clinics that provide outpatient mental health services.
- The New York State Office of Alcoholism and Substance Abuse Services oversees 697 certified outpatient sites that provide services for substance abuse disorders.

### The Center of Excellence’s Role

**The New York State Health Foundation awarded a \$3.2 million grant to the National Development and Research Institutes to establish the Center of Excellence for the Integration of Care (CEIC) to standardize screening, assessment, and treatment for individuals with co-occurring mental health and substance use disorders. The CEIC will:**

- Integrate all phases of the recovery process at New York State’s 1,223 licensed mental health and substance abuse outpatient treatment centers.
- Provide technical assistance and support to mental health and substance use providers on implementing and standardizing screening, assessment, and evidence-based treatment services for co-occurring mental health and substance use disorders.



**For more information, visit [www.nyshealth.org](http://www.nyshealth.org).**