



YOUTH CONNECT

“Sometimes I feel like
you are the only person
I can turn to.”

WHO WE ARE

Youth Connect is an emotional and mental health support program for middle and high school students in Eastern Long Island.

We provide free, anonymous, confidential support through our text line in Spanish and English.

We work to strengthen the relationships that young people need to thrive!





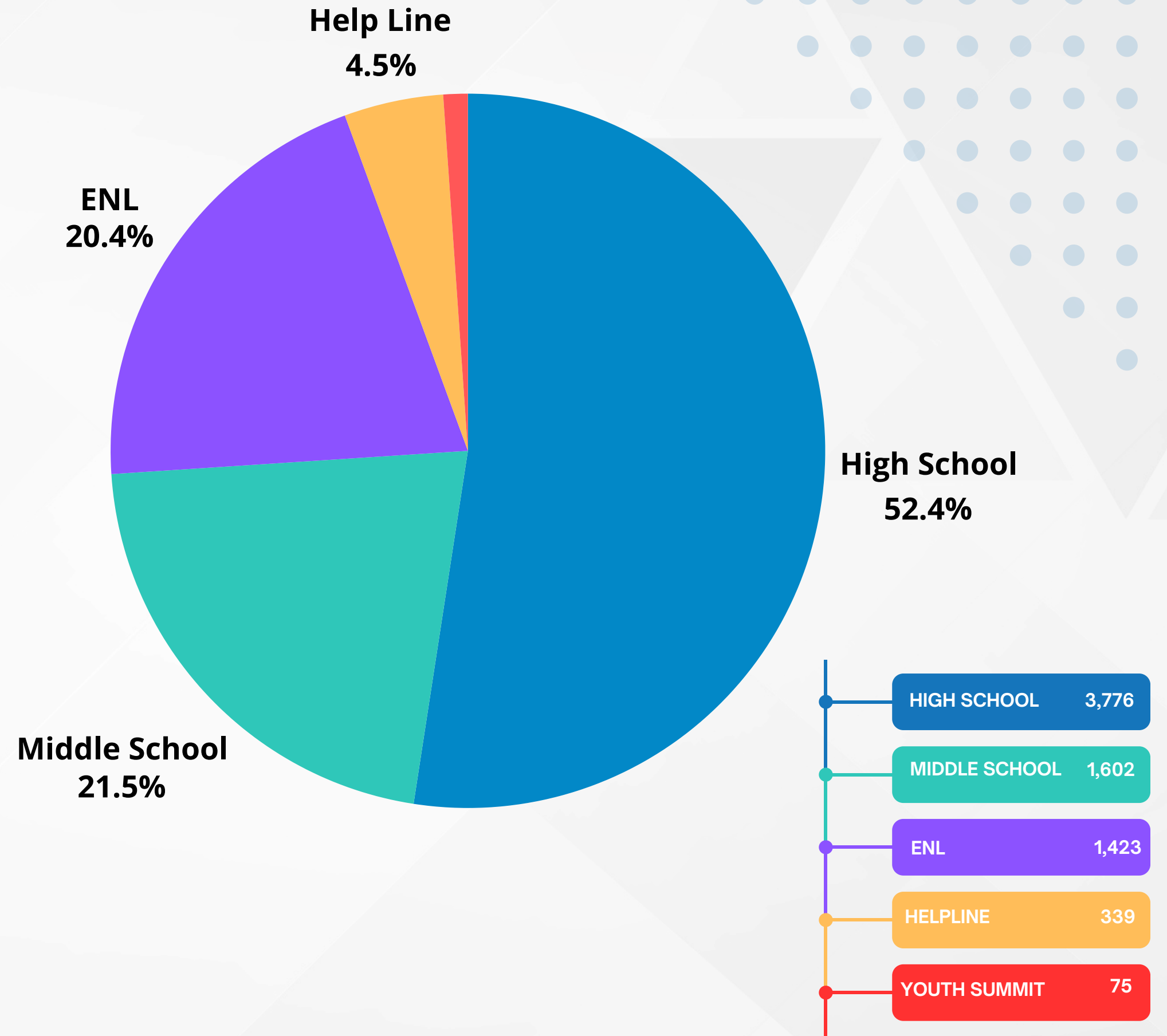
IMPACT

YOUTH ENGAGEMENT

September 2022 - May 2024

Total number of adolescents engaged in person or through the helpline

6,790



OUTREACH

SCHOOLS VISITED SEPTEMBER 2022 - MAY 2024

East Hampton High School
Springs School District
Montauk School District
Hampton Bays High School
Hampton Bays Middle School
Riverhead Middle School
Riverhead High School
Greenport Middle School
Greenport High School
Bridgehampton Middle School
Bridgehampton High School
Tuckahoe Common School District
East Hampton Middle School
Shelter Island School District
Southampton School District

EAST HAMPTON TOWN ENGAGEMENT

Multiple presentations to East Hampton High School Students
East Hampton High School Back to School Night
East Hampton High School After School Club Proposal
East Hampton Library Workshops
Pride Parade Participation
Hispanic Day Parade Participation
Santa Parade Participation
The Art Center at Duck Creek's Monday Family Night



SUMMER CAMP





Youth Connect Counselor

“You went through a traumatic experience and this is information that can help you understand your feelings and maybe implement some coping mechanisms. Does any of this resonate with you?”

Youth Connect Counselor

“Do you think there are some things from this that you can do when you are feeling down?”

Teenager

“Yes all of it helps because I kind of was in denial until now that I truly actually really went through all this.”

Teenager

“Yes I can do self care and relaxation techniques. I feel like a weight is lifted off me. I'm feeling better thank you so much.”